

Frazier Cycling Juniors 2009 Calendar

9/08/09



Developing Our Youth Generation

Updates since 7/14/09

January 3 – Regular Practice Resumes
January 5 – Feb 26 Cycling Circuit Training at Bodyrich
January 24, 6:00 p.m. – FC Annual Awards Presentation, Sugarloaf Country Club, Duluth

February 14 – Tundra Time Trial at Silver Comet Trial, Hiram
February 28 – Georgia Cycling Gran Prix, Gwinnett County

March 1 – Georgia Cycling Gran Prix, Gwinnett County
March 7 – Team Photos
March 9, 23, 30 – Sports Psychology Program: Using Imagery to Win
March 28, 29 - Tour de Tuscaloosa Road Race, Tuscaloosa, AL (overnight)

April 12 – Easter, No Practice
April 15 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)
April 18 – Coaching Clinic, No 11:30 practice, 3:30 practice changed to 2:00
April 19 - No Practice, Helen Ride for qualified juniors only
April 25 – Twilight Athens Criterium
April 26 – Roswell Criterium

May 2 - Sunny King Criterium, Anniston, AL
May 6 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)
May 9, 10 - No Practice, Chattanooga Ride for qualified juniors only
May 16, 17 - Johns Creek Crit and Road Race, Johns Creek
May 21-25 Tour de Atlanta - GA Cup Series, Alpharetta
May 27 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)

June 2 - 6 – Hills, Skills and Thrills Camp
June 13 – Georgia State Criterium, Macon, GA
June 17 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)
June 27, 28 - Cycle for Parkinsons Weekend, Gwinnett County

July 8 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)
July 11, 12 – Georgia Games, Marietta, GA
July 21-26 - Gwinnett Bike Fest, Gwinnett County
July 28 - August 2 – Junior Nationals, Bend Oregon

August 8 – Pool Party/Parent Meeting/ Report Cards, Suwanee
August 19 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)
August 22, 23 – Grant Park Criterium #1, Grant Park Criterium #2
August 29, 30 – Georgia Cycling Gran Prix, Gwinnett County

September 9 – 3.2-mile Individual Time Trial, Shannon Way, Lawrenceville (6:30 p.m.)
September 11, 12 – Georgia Cup State TT Championships

October 10, 11 - Downtown Greenville Cycling Classic, Greenville SC (overnight)
October 17 – Ride for Rally (Russell Ride), Cafeine (Addictive Cycling), 4050 Buford Dr, Buford

October 23-25 – Mini Camp ***** TENTATIVE

November 7, 8 - USAC Coaching Clinic *****TENTATIVE
November 28, 29 - Thanksgiving Holiday, No Practice

December 5 – Holiday Party
December 19 – Jan 1 – Winter Break, No Practice

NOTE: Dates and locations are subject to change.